

- » Internal referrals to in-patient addiction treatment, support and prevention services, Healing Lodge, Family Center.
- » Co-facilitation of groups (i.e. Recovery Management group).
- » Collaborative interviews with collaterals and significant others as; family members, psychologists, parole officers, social workers, psychiatrists, etc.
- » Aftercare treatment services.
- » Section 84 Intake Team (Correction & Conditional Release Act).
- » Entourage services (support services to support services to family members or significant others who are affected by a loved one's addiction problems).

In summary, our outpatient program provides very comprehensive services, especially in motivational work with families. In particular, our family intervention approach provides support to family members who want to help a relative with a substance abuse problem.

ADDICTIONS RESPONSE SERVICES (ARS)

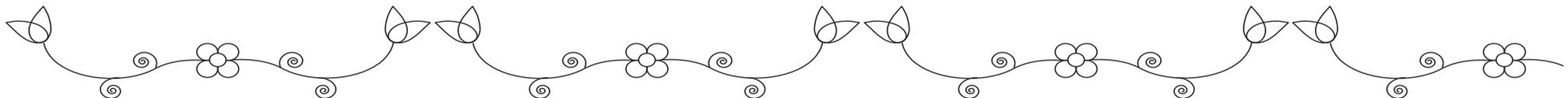
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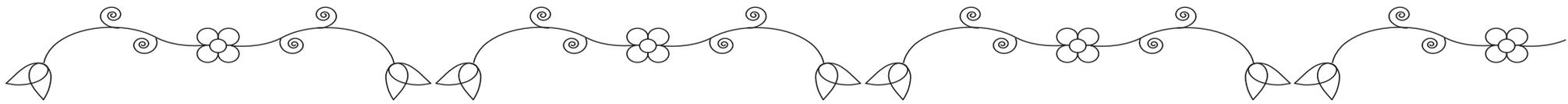
KAHNAWAKE SHAKOTIIA'TAKEHNHAS COMMUNITY SERVICES (KSCS)



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GOALS

The goals of our outpatient program are to enhance the client's motivation for positive change.

- To help clients break the cycle of addiction.
- To work towards harm-reduction or abstinence from mood altering substances and addictive behaviours.
- To teach relapse prevention techniques.
- To help clients work on goals they would like to pursue.

BASIC PHILOSOPHIES OF THE TREATMENT PROGRAM:

- Tailoring the treatment to the needs of the client.
- Use whatever works best for the client.
- To accommodate and not discriminate when medications are involved.

AN INTRODUCTION ABOUT THE IMPORTANCE OF SELF-HELP GROUPS IN ADDICTIONS TREATMENT

- Program encourages but does not mandate client participation in self-help groups such as AA, CA, or NA.
- Clients are given basic orientation to self-help groups.
- Client is not threatened with termination for failure to attend self-help groups. Reluctance to attend these groups is not seen as resistance to treatment; rather, client participation is encouraged as an additional source of support and information.

NON-CONFRONTATIONAL APPROACH

- The program contrasts sharply from aggressive and confrontational approaches.
- The client is important in setting goals and in the development of treatment plans.

SERVICES PROVIDED BY THE ARS PROGRAM:

We provide outpatient addiction services as part of a multidisciplinary team.

These services are:

- » Addictions screening and assessments.
- » Individual counselling.
- » Family interventions.
- » Entourage Services.
- » Referral to in-patient treatment short or long term.
- » Referral to substance withdrawal management services.
- » Referral to other supportive services.

