

**Kahnawake Community Health Plan
2012-2013**

RATIONALE	Addictions has been consistently identified as a contributing factor to many challenges faced by our community such as social services, health, economic development, and education. Given that addictions are often considered a "family disease", the impacts of addictions is multi-generational and far reaching.						
GOAL	To reduce alcohol / drug abuse in Kahnawake.						
STRATEGY	To provide comprehensive prevention, intervention, after-care addictions services and to mobilize the community to change perceptions regarding addictions.						
OBJECTIVES	Main Activities	Target Group	Title Responsible	Calendar/ Dates	Indicators	Data	Health Impact
To reduce addictions within Kahnawake through collaboration of community organizations (Logic Model to be developed)	Establish a working group to focus on the addictions health priority.		Onkwa	Ongoing	# of meetings Terms of reference Objectives	Sub committee reports	Improved and efficient service delivery
	Inventory existing services which impact addictions.		Working Group	Ongoing			
	Identify gaps and overlaps and implement service delivery activities to address this priority		Working Group	Ongoing	# of protocols, agreements, MOU, policies		A measurable decrease in addictions in Kahnawake
To reduce the drug/alcohol abuse in Kahnawake through direct intervention services. (ARS)	To implement the 12 Core Functions of Addictions counselling/work	All community members requesting addiction related services	Clinical Supervisor (addictions)	Ongoing services based on client need	Internal and External referrals to ARS Regular review of individual service plans # of dual diagnosed clients # of ARS Intakes	Stats on client request for services Stats on referral to specialized services Case Manager Service Plan Template	Decreased in number of ARS intakes/requests Successful completion of individual ARS service plans Successful support for dual diagnosis clients
	To provide after-care services	Community members (Group or individual) with substance abuse problems that have completed treatment	ARS Worker	Weekly Basis	Internal and External referrals Regular review of individual service plans	Case Manager Service Plan Template	Decreased in number of ARS intakes/requests Successful Completion of Individual Service Plan

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	To provide Women's Support Group	Women 18 years & over recovering from substance abuse and other compulsive activities/disorders, i.e., sex addiction, relationship & co-dependence.	Addiction Response Worker, (Hazel Mayo)	Group registration February 19, 2010 – 12 weeks.	New knowledge Changed attitude, opinions or values Changed motivations Increased skills in decision making	Info gathered from Case Manager. Data Collection Process Data regarding stats re: attendance, etc.	Noticeable abstinence and increased lifestyle changes, i.e., captured in follow-up interviews.
	To provide a significant other support group.	Relatives and friends of community members with a substance abuse problem.	ARS counsellor Nancy Worth and “another” facilitator	Group planned for future date.	Attendance lists Evaluations Service Plans	Observable healthier lifestyles.	Referrals for detox, etc. Involvement of clients in referral for treatment'
To reduce the drug/alcohol abuse in Kahnawake through artistic expression. (Drama)	To introduce youth to the Performing Arts and create an outlet for expression and creativity. (Summer Theater Program)	Age 6 - 12 Age 12 - 17	Artistic Director Summer Students Volunteers	June - August	# of participants registered Ages of participants # of previous participants	Attendance Sheets Evaluations (Participants/Audience/Parents)	To provide the youth with the tools to express themselves creatively without the use of drugs/alcohol
	To develop the performing arts and communications skills as well as the experience of participants. (Applies to all programs)	Age 6 and up	Artistic Director	Year Round	# of participants registered Ages of participants # of previous participants # of attendees @ shows	Attendance Sheets Evaluations (Participants/Audience/Parents) Revenue from admissions	To provide participants with the tools to effectively develop their creative and communications skills without the use of drugs/alcohol
	To encourage the community to support artistic programming.	To be determined	To be determined	To be determined	To be determined	To be determined	To be determined

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	To inspire and support the choice for a professional career in the performing arts. (Applies to all programs)	Age 6 and up	Artistic Director	Year Round	# of participants registered Ages of participants # of previous participants # of attendees @ shows	Attendance Sheets Evaluations (Participants/Audience/Parents) Revenue from admissions	To create employment opportunities in healthy career choices
To reduce the drug/alcohol abuse for children and youth in Kahnawake through collaborative efforts between KSCS and KEC. (In School Prevention)	To develop and maintain written agreements between KSCS and KEC.	Schools	Manager of Prevention Services School Liaisons	One meeting at the beginning of the year then bi-monthly throughout the year	# of meetings	Attendance list Evaluations Questionnaires	A team approach towards preventative measures within schools developed cohesion between KEC and KSCS.
	Reintegrate prevention liaisons back into the schools	School Administrators Education Center	Manager of Prevention Services School Liaisons Prevention Workers	One meeting at the beginning of the year then bi-monthly throughout the year	# of meetings	Attendance list Evaluations Questionnaires	Enhance the relationship between KEC and KSCS by improving communication and planning for organizations and increasing their effectiveness by including prevention curriculum in schools'
	To provide prevention programming/education to schools and staff.	Students School Administrators Parents	Manager of Prevention Services School Liaisons Prevention Workers	As requested or required by the schools	List of meetings activities trainings information sessions	List of activities & meetings Evaluations/surveys Attendance Lists Incident Forms	Improve coping skills & reduce stress in students, school staff and parents Reduce incidents of community health concerns
	To review and evaluate prevention programming in schools	Students School Administrators Parents	Manager of Prevention Services School Liaisons Prevention Workers	Through-out the year 1-2 meetings at the end of the school year	List of meetings activities trainings information sessions	List of activities & meetings Evaluations/surveys Attendance Lists Incident Forms	To improve and construct appropriate prevention programming for the following school year

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To reduce the drug/alcohol abuse in teenagers by providing an organized prevention teen group. (MAD Group)	To promote healthy decision making during graduation season	Age 12 - 17	MAD Group Facilitors Prevention Workers	May - June	# of participants Age of participants # of schools	Attendance list Evaluations Questionnaires Previous year incidents	Participants will be able to make informed decisions during graduation and they will have lower incidents related to drug/alcohol use.
	To provide education on social and health issues.	Age 12 - 17	MAD Group Facilitors Prevention Workers	Through out the year	# of participants Age of participants # of schools Names of schools	Attendance list Evaluations Questionnaires Case Manager	Participants will be able to make informed decisions related to social and health issues
	To develop a positive self esteem and leadership skills	Age 12 - 17	MAD Group Facilitors	Through out the year	# of participants Age of participants # of schools Names of schools	Attendance list Evaluations Questionnaires Case Manager	Participants will be able to make health decisions confidently
	To promote physical activities	Age 12 - 17	MAD Group Facilitators	Through out the year	# of participants Age of participants # of schools Names of schools % of members participating in activities	Attendance list Evaluations Questionnaires	Increase physical activity
To reduce the drug/alcohol abuse in Kahnawake by educating children through after-school programming (Our Gang)	To increase the children's knowledge of the health issues in Kahnawake according to the Community Health Plan	Age 6 - 12	Our Gang Facilitators	Sept - June	# of participants # of waiting list names Annual quiz	Quiz results Attendance sheets Events Data	Children will be empowered to make healthy choices through positive self-esteem.
	To facilitate the process of group cohesion throughout the summer in a physically active and fun environment.	Age 6 - 12	Our Gang Facilitators Summer Students	June - August	# of participants # of waiting list names	Attendance sheets Events Data	To promote interaction of children with fellow group members in a physically active environment.
To reduce drug/alcohol abuse in Kahnawake by colaborating with existing services (Logic model to be developed)	To identify, collaborate with and support community organizations activities		Directors Managers Team Leaders	Ongoing	# of protocols, agreements, MOU, policies		A measurable decrease in drug/alcohol abuse in Kahnawake

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To reduce drug/alcohol abuse in Kahnawake by making appropriate referrals (Logic model to be developed)	To review internal organizational processes, educate staff members regarding addictions and develop improved processes		Managers Team Leaders	Ongoing	Increased # of referrals from KSCS Services	ARS Intakes	Decreased in number of ARS intakes/requests
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