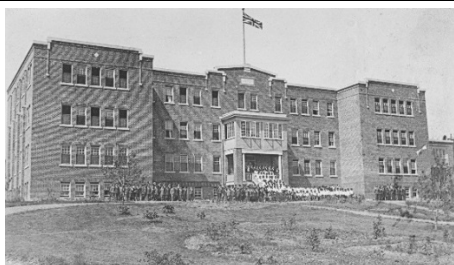




WHERE THE CREEK RUNS CLEARER

This is a community based pilot project that will encourage youth to learn and participate in activities, traditional teachings, wilderness experiences and class room workshops that will focus on the realities of life and how it will enhance their experiences into the adult world.



Indian Residential School Resolution Health Support Worker/Cultural Support Worker

Provides former students and their families with access to emotional health and wellness support services. In addition, the IRSHSW/CSP will provide information sessions by means of promotional and awareness campaigns that are directed primarily to former students and their families then to community at large

Location:

Mohawk Trail Road
(2 Doors from the Longhouse)

Office Hours Monday to Friday

From 8:30 a.m. to 4:30 p.m.



K.S.C.S
P.O. Box 1440
Kahnawake Mohawk Territory
J0L 1B0

Phone: (450) 638-0408

Fax: (450) 638-7739

KAHNAWAKE SHAKOTILA'TAKEHNHAS COMMUNITY SERVICES

Tsinon:we Ahsonhnhiohake

"The place you go to get well"

Family and Wellness

Center



"Our goal, with the assistance of a team of caring people, is to encourage a healthier lifestyle through promotion, prevention and wellness activities that strengthen pride, respect and responsibility of self, family and community as Mohawks of Kahnawake."



KSCS opened the doors of a new satellite office building in May 2008, with the continuous merging of KSCS program components we became what is now known as Tsi non Ahsonhi:iohake (the place you go to get well); The Family and Wellness Center.

THESE COMPONENTS CONTINUE TO OFFER SERVICES FOR THE BENEFIT AND WELLBEING OF KAHNA'WAKEHRO:NON.

THE TRADITIONAL COMPONENT

The traditional component of the Family and Wellness Center provides a variety of support services to enhance and or to heal the individual person, using both the natural and spiritual realms of Iroquois teachings. These services allow our people to grow from the past and live in a good way in the present.



TYPES OF SERVICES OFFERED

- Cultural Teachings from an Iroquois perspective
- Teachings on Roles and Responsibilities
- One to One counselling
- Sweats for individual healing
- Couple & Family counselling
- Crisis intervention

THE PARENTING COMPONENT

The Parenting component provides and promotes programs and services which will enhance parenting skills for Kahnawakeron:non. The team offers support and guidance, resources information, workshops, groups and activities designed to meet the needs of Kahnawake families.

TYPES OF SERVICES OFFERED

- - Parent-Child (0-12 Mos.)
Interactive Workshops
- Prenatal Workshops –

These workshops promote parent-child interaction through activities that stimulate development and build self-esteem. Parent-discussions, baby massage, presentations, parent-child exercises, snack time, tenderness time, arts and crafts, and singsong are some of the agenda activities.

- Nobody's Perfect Program

Program is for parents with children 0-6 years.



A series of booklets are provided for parents. This program offers interactive and experiential learning exercises, and fun activities. Daycare is available, as well as transportation.

- Kids In The Middle (Parenting after Separation)

KITM empowers parents to make informed decisions about the way they resolve their parenting issues after separation in a manner that is in the best interests of the child(ren).



An interactive program for Men and their children they are raising. Enables men to become more involved and more aware of what their children are doing and who they are becoming.

SATATENIKONRARAK COMPONENT

The role of the Satatenikonrarak worker is to provide the community with awareness and prevention information regarding Fetal Alcohol Spectrum Disorder, HIV/AIDS, Healthy Sexuality and Suicide Prevention. As well, worker provides information and support to the community, its members and organizations when required.