

SEXUAL VIOLENCE RESOURCES

KSCS SERVICES

Psychosocial supports offered

- Individual/couple/family counselling (support counsellors and psychological services)
- Talking circles on an as-needed basis provided that individuals are properly screened and it is appropriate (especially given the content/topic).
- Support groups on an as needed basis provided that we have the resources and interest.
- Crisis counselling/intervention.
- Informal supports (e.g., Let's Talk Kahnawà:ke call or text 514-235-9607), education and promotion in the community and in schools.
- After Hours Response service for crisis intervention on afterhours, weekends and holidays.
- Addictions Response Services.
- Family and Wellness Center – Traditional Support Workers.
- Traditional healers – Geraldine Standup, Mike Standup.
- KSCS psychological services department can offer external service providers (psychologists) who specifically work with perpetrators. To access this service, you must go through the Intake process in order to be referred.

Call: 450-632-6880.

Resources Specific to Sexual Violence

- Centre pour les victimes d'agression sexuelle de Montréal/Montréal Sexual Assault Centre: Provincial helpline for victims of sexual assault 24/7.

For listening, support and referral for victims of sexual assault, people in the sex industry and their loved ones. Counsellors are available. Call 514-933-9007.

- Centre d'Aide et de Lutte contre les Agressions à Caractère Sexuel (CALACS) Chateauguay: Center for assistance and combating sexual assaults.

Help offered to adolescent girls 12 years old and over and to adult women who have experienced a sexual assault, whether the assault was recent or past. 9:00 AM to 5:00 PM Monday to Friday.

Call 450-699-8258

Email: info@calacs-chateauguay.caservices.

- Rape, Abuse and Incest National Network (RAINN): Operates the National Sexual Assault Hotline 24/7.

For confidential support from a trained staff member, someone to help you talk through what happened, basic information about medical concerns and more.

Call 800-656-HOPE (4673) or Live Chat On-line.

- 1 in 6: National helpline for men who were sexually abused or assaulted 24/7. Chat online one-on-one with a trained advocate.
- Hope for Wellness Helpline for Indigenous Peoples across Canada 24/7. Speak by phone or use the chat box on the website to connect with a counsellor on-line. Offers immediate mental health counselling and crisis intervention to all Indigenous peoples across Canada.

Experienced and culturally competent Help Line counsellors can help if you, want to talk, are distressed, have strong emotional reactions, are triggered by painful memories.

Call 1-855-242-3310.

- Talk 4 Healing: Listening Line (located in Ontario). Provides 24/7 culturally sensitive counselling, advice and support to Indigenous women.

Call 1-855-554-4325.

- 24-Hour Sexual Assault Line (located in Vancouver): Provides 24/7 listening services to women who experience or witness sexual assault.

Call 1-604-876-2622.

- Assaulted Women's Helpline: (located in Ontario), Provides 24/7 listening support, information and referrals to women who have experienced any form of abuse.

Call 1-866-863-0511.

- West Island Crisis Centre: The crisis line is available 24/7 to people in distress as well as their support network including loved ones or professionals who want to refer a client.

Call 514-684-6160.

Legal Support

- Crime Victims Assistance Centres (CAVAC): Post-traumatic and psycho-judicial intervention, information on rights and resource services, technical assistance such as helping to complete forms and more. Within 24 to 48 hours, a counsellor will contact you.

Call 1-866-532-2822.

- Canadian Resource Centre for Victims of Crime: Support for victims and survivors of interpersonal violence and their families can call for information about the Canadian criminal justice system or for assistance in obtaining services and accessing resources.

They support victims individually to help them find resources, fill out paperwork, and explain the different options available to them.

Emotional support through text and online chats are available during regular office hours: Monday through Friday: 8:30 AM – 4:30 PM EST.

Call 1-877-232-2610, text 613-208-0747 or online chat for toll free information and support line.

- First Peoples Justice Center of Montreal: Walk-in services Thursdays 10:00 -12:00 AM and 1:00-4:00 PM at 2001 Saint-Laurent Blvd, corner Ontario. Please ask for the Victims Services Coordinator on arrival.

Email.
Facebook.

Support for victims of crime through active listening, referral and accompaniment. If you are not comfortable going through the justice system,

they can support you in other ways through a healing-based approach.

Call their emergency contact number:
514-617-6780.

For Youth Support

- Tel-Jeunes: Ask questions about family relationships and receive support and guidance 24/7. Tel-Jeunes can answer questions on other topics, as well. You can talk to them about anything for any reason. Check out their website for more information.

Call: 1-800-263-2266

Text: 514-600-1002

Live Chat and email form available on the website.

- Kids Help Phone: For information and support from safe adults, 24/7. You can visit the website or to speak with a counsellor:

Call: 1-800-668-6868

Text: 686868

- Marie Vincent Foundation: Help for children and adolescents who are victims of sexual violence, as well as their families by providing specialized treatment at the cutting edge of current knowledge. They also help children and adolescents with problematic sexual behavior. To receive services, a referral is needed by a case worker from Youth Protection, a police officer who carried out a police investigation, medical staff from the Centre Hospitalier Universitaire Sainte-Justine or the Montreal Children's Hospital or a community organization worker.

Call 514-362-6226 or write them on their website.

Information for Male Survivors

- Jim Hopper PhD: The articles on this website provide information about the effects of child sexual abuse on adult men and their loved ones.
- Male Survivor: This resource contains general information as well as a therapist search specifically designed for male survivors of sexual violence.

For Perpetrators

- KSCS psychological services department can offer external service providers (psychologists) who specifically work with perpetrators. To access this service, you must go through the Intake process in order to be referred.

Call 450-632-6880 and ask for the Intake worker.

- National Domestic Violence Hotline: Offers 24/7 support for survivors by trained advocates. Offers compassionate support, crisis intervention information, educational services and referral services. Find information about domestic violence, online instructional materials, safety planning and more. They also speak with people who identify as abusive, or who are concerned about behaviors that may be unhealthy. No matter what the situation, the advocates are supportive and remain empathetic. Based in the US.

Call: 1-800-799-7233

Log onto thehotline.org to chat

Text: LOVEIS to 22522

- Option Alternative services for domestic and family violence. Offers support, follow-up and psychotherapy services to adults, men and women, exhibiting violent behavior in a marital and family context. Option workers support these people in their reflection on what leads them to use violence as well as in their approach to find alternatives to this violence, taking into account the specific experience of each of them.

Monday to Friday 8:00 AM to 4:00 PM.

Call: 514-527-1657

Email: option@cooptel.qc.ca

- CIVAS Center for Intervention in Violence and Sexual Assault: This organization offers services to anyone who has committed or is afraid of committing sexual assault, regardless of whether the event is recent or not.

Call 450-656-6524

- Groupe Amorce: Therapy and self-help group for men with fantasies or sexual behavior towards children or adolescents. Send a message on their website or make an appointment. Appointments made only by phone. 9 A.M. to 5 P.M., Tuesday and Friday.

Call 514-355-8064

- Centre d'intervention en Délinquance Sexuelle/ Intervention Centre In Sexual Delinquency (CIDS/ ICSD)

CIDS/ICSD provides services to adults or adolescents, of any gender identity, who have or have not committed a sexual offence, and to people with deviant fantasies without taking action. Support also provided to loved ones. Monday to Thursday 9:00 AM–5:00 PM.

Call 579-641-3941

Email: info@cidslaval.com

This list has been compiled by Kahnawà:ke Shakotia'takehnhas Community Services Prevention Services. 2020.

