

Year in Review



Kahnawake
Shakotia'takehnhas
Community Services

Annual Report
April 07 • March 08



Executive Director's Message

Linda Deer



What makes an organization effective is the question I've often asked myself. I have come to the conclusion that the question should be "who makes an organization effective?" The answer: "the employees that work within every department."

It is through their knowledge and skills, their caring and dedication, that obstacles have been overcome time and again in order to reach our organizational goals. Although there

were numerous challenges (e.g. financial, shortfall in staffing, health and social issues) they are outweighed by the successful accomplishments that were achieved this past year.

Throughout this report you can read about the many ways in which the staff have worked for and with Kahnawa'kehrónon of all ages. There are also statistics that indicate the types of services and the number of clients that Shakotia'takehnhas has served.

Our mission "to encourage a healthier lifestyle through promotion, prevention and wellness activities that strengthen pride, respect and responsibilities of self, family and community as Mohawks of Kahnawake" has been our guide for the work of the past year and it will continue to be in the year ahead.

Skennen to everyone!
Linda Deer

KSCS Board of Director's Message



Top row - L-R: Janus Cross, John Mayo, Rhonda Kirby, Clinton Phillips and Ceina Montour. Bottom - L-R: Mary Lee Armstrong, Warren White, Faleen Jacobs. Missing: Timmy Norton and Noreen Montour.

By Warren White, Chairperson

With the close of the fiscal year comes the beginning of another and with it the confidence that this year will be just as productive as the last. The Board of Directors commend staff and management for overcoming the challenges that they faced throughout the past year.

It is hard to believe that the Executive Director has already completed her fifth year as the head of the organization. We trust that she will do so for years to come, maintaining her excellent working relationship with the Board in order to fulfill the vision, mission and goals of Shakotia'takehnhas.

We will continue to work with and support the Executive Director to ensure that the staff and services of Shakotia'takehnhas have what is needed to provide quality services to Kahnawa'kehrónon.



Operations

Franklin Williams, Director



Operations contributed administrative, financial and management to all programs and integrated client service teams. Our services have an impact on their success in carrying out their objectives to address the Community Health Plan priorities and goals. We provide services to the main office, Home and Community Care / Turtle Bay Elders Lodge, Young Adults Program / Independent Living Services, Parenting Services, Environmental Health Services / Resource Center, the Whitehouse and the Healing and Wellness Lodge.

Receptionist/Greeter Services operated daily from 8 a.m. to 10 p.m. and on weekends when required. There were 143 groups (representing 5056 people) that used our services during the year.

Administrative Assistant Services assigned individuals to provide support to each of the integrated client services teams.

Information systems effectively addressed computer needs of all main office and satellite operations for 150 computer units/laptop units, nine (9) servers, six (6) networks, Internet and WAN connections.

The Finance team continued with efficient invoice payment, processing for over 170 staff, financial reporting and year-end audit preparations for over 75 cost centers.

Maintenance and cleaning teams ensured a clean workplace and efficiently tended to needed repairs. Safety checks were performed on the building and mechanical systems of the main office and other satellite facilities.

The construction team built the new extension to the Healing and Wellness Lodge which will be home to our Parenting Services beginning in May 2008. The operations team has provided administrative, Information Systems, financial and project management services in order to realize this extension.



New Family Center construction at the site of the Healing and Wellness Lodge on Mohawk Trail (Sept. 2007)



Reception Services

HEALTH TRANSFER

(9th year completed)

This is the ninth year of the renewed five-year Health Transfer Agreement with Health Canada, starting April 1st, 2006 to March 31st, 2011. The original agreement covered a period of seven years, from 1999 - 2006.

Both KSCS and Kateri Memorial Hospital Centre (KMHC) provide mandatory and prevention services based on our Health Transfer Agreement to address our Community Health Plan. The KMHC provides its own Annual Report. The following are the financial results of our integrated approach:

Health Transfer Revenue and Expenses For the period April 1st, 2007 to March 31st, 2008

	<u>FY 2007/08</u>	<u>FY 2006/07</u>
REVENUE (Health Canada, Health Transfer Agreement)	\$ 4,404,320.00	\$ 4,276,039.00
Unexpended at beginning of year	\$.00	\$.00
Deferred Revenue (evaluation funds)	\$ (70,984.00)	\$ 33,454.00
Transfer to Moveable Capital Assets Reserve	\$ (21,929.00)	\$ (20,975.00)
TOTAL	\$ 4,311,407.00	\$ 4,288,518.00

1. KMHC Health Services

Kateri Memorial Hospital Centre Nursing and Health Services (including immunology and communicable diseases)

EXPENSES

KMHC Nursing, Health Services and Overhead	\$ 939,664.00	\$ 899,650.00
Physician Recruitment / Retention	\$ 155,934.00	\$ 153,077.00
TOTAL	\$ 1,095,598.00	\$ 1,052,727.00

2. CHR/ Environmental Health Services

EXPENSES

Salary & Benefits	\$ 195,557.00	\$ 236,365.00
Travel, Training, Water Samples, Laboratory Testing	\$ 31,055.00	\$ 26,250.00
TOTAL	\$ 226,612.00	\$ 262,615.00

3. Client Support and Prevention Services

EXPENSES

Salary & Benefits	\$ 505,322.00	\$ 727,811.00
Program, Travel, Training	\$ 5,325.00	\$ 7,929.00
TOTAL	\$ 510,647.00	\$ 735,740.00

4. Health Policy and Consultation

FY 2007/08

FY 2006/07

EXPENSES

Salary & Benefits	\$	89,422.00	\$	91,780.00
Program, Travel, Training	\$	16,156.00	\$	17,387.00
TOTAL	\$	105,578.00	\$	109,167.00

5. Primary Health Promotion *(Brighter Futures, Prevention Network)*

EXPENSES

Salary & Benefits	\$	55,281.00	\$	74,701.00
Program, Travel, Training	\$	2,193.00	\$	1,261.00
TOTAL	\$	57,474.00	\$	75,962.00

6. Addictions Services

EXPENSES

Salary & Benefits	\$	228,592.00	\$	194,250.00
Program, Travel, Training	\$	94,465.00	\$	78,381.00
TOTAL	\$	323,057.00	\$	272,631.00

7. Communications, Health and Wellness

EXPENSES

Salary & Benefits	\$	120,064.00	\$	129,605.00
Program, Travel, Training	\$	44,719.00	\$	23,646.00
TOTAL	\$	164,783.00	\$	153,251.00

8. Prevention, MAD Group

EXPENSES

Salary & Benefits	\$	65,037.00	\$	73,783.00
Program, Travel, Training	\$	1,482.00	\$	1,734.00
TOTAL	\$	66,519.00	\$	75,517.00

9. Our Gang *(Brighter Futures)*

EXPENSES

Salary & Benefits	\$	105,257.00	\$	116,451.00
Program, Travel, Training	\$	1,886.00	\$	2,593.00
TOTAL	\$	107,143.00	\$	119,044.00

10. Teen Drop In Services *(Brighter Futures)*

EXPENSES

Salary & Benefits	\$	10,645.00	\$	960.00
Program, Travel, Training	\$	4,436.00	\$	19,205.00
TOTAL	\$	15,081.00	\$	20,165.00

11. Parenting Services**FY 2007/08****FY 2006/07****EXPENSES**

Salary & Benefits	\$	141,118.00	\$	119,129.00
Program, Travel, Training	\$	4,327.00	\$	3,288.00
TOTAL	\$	145,445.00	\$	122,417.00

12. Drama Project *(Brighter Futures)***EXPENSES**

Salary & Benefits	\$	35,774.00	\$	46,074.00
Operating Cost - Theatre	\$	29,239.00	\$	19,067.00
TOTAL	\$	65,013.00	\$	65,141.00

13. Brighter Futures *(Coordination)***EXPENSES**

Salary & Benefits	\$	55,143.00	\$	39,760.00
Program Costs	\$.00	\$.00
Projects	\$.00	\$	161,972.00
TOTAL	\$	55,143.00	\$	201,732.00

14. Management, Operations and Support**EXPENSES**

Salary & Benefits	\$.00	\$.00
Program Costs, Travel, Training	\$.00	\$.00
Community Health Plan Update	\$.00	\$.00
Operating & Administration Expense Sharing	\$	553,973.00	\$	553,973.00
TOTAL	\$	553,973.00	\$	553,973.00

15. Human Resources, Training**EXPENSES**

Salary & Benefits	\$	206,035.00	\$	233,285.00
Program Costs, Travel, Training	\$	4,909.00	\$	2,790.00
TOTAL	\$	210,944.00	\$	236,075.00

16. Healing and Wellness Services**EXPENSES**

Salary & Benefits	\$	191,896.00	\$	142,904.00
Program Costs, Travel, Training	\$	8,269.00	\$	8,090.00
TOTAL	\$	200,165.00	\$	150,994.00

17. Shakotishnien:nens**EXPENSES**

Salary & Benefits	\$	177,220.00	\$	146,158.00
Program Costs, Travel, Training	\$	6,119.00	\$	1,628.00
TOTAL	\$	183,339.00	\$	147,786.00

18. Kahnawake Youth Center *(Brighter Futures)*

FY 2007/08

FY 2006/07

EXPENSES

Salary & Benefits	\$	95,620.00	\$.00
Program Costs, Travel, Training	\$	17,369.00	\$.00
TOTAL	\$	112,989.00	\$.00

19. Kanien'keha:ka Onkwawen:na Raotitiohkwa Cultural Center *(Brighter Futures)*

EXPENSES

Salary & Benefits	\$	39,766.00	\$.00
Program Costs, Travel, Training	\$	2,094.00	\$.00
TOTAL	\$	41,860.00	\$.00

20. Skawenni:io Tsi Iewennahnotahkhwa Kahnawake Library *(Brighter Futures)*

EXPENSES

Salary & Benefits	\$	9,274.00	\$.00
Program Costs, Travel, Training	\$	866.00	\$.00
TOTAL	\$	10,140.00	\$.00

FY 2007/08

FY 2006/07

EXPENSE TOTAL for FY 2007 - 2008	\$	4,251,503.00	
EXPENSE TOTAL for FY 2006 - 2007			\$ 4,354,937.00
Surplus FY 2007-2008	\$	59,904.00	
Surplus, unexpended carried from FY 2006-2007	\$	14,938.00	\$ 81,357.00
Health Transfer Fund balance, March 31, 2008	\$	74,842.00	\$ 14,938.00



New Family Center construction (March 2008)



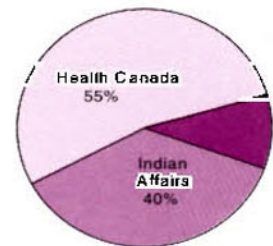
KSCS Family Picnic (July 2007)

REVENUE and EXPENSE - Fiscal Year 2007-2008

REVENUE SOURCES

REVENUE	\$12,470,000.00	100%
INDIAN AFFAIRS	\$ 4,986,000.00	40%
HEALTH CANADA	\$ 6,858,000.00	55%
OTHER SOURCES	\$ 624,000.00	5%

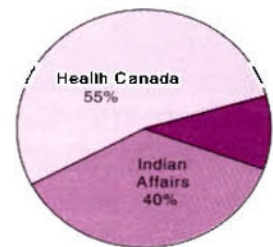
Revenue Sources 2007/2008



EXPENSE PROFILE

EXPENSE	\$12,470,000.00	100%
SALARY & BENEFITS	\$ 6,660,000.00	54%
ADMINISTRATION and office operations (net)	\$ 393,000.00	3%
PROGRAMS (and others)	\$ 5,417,000.00	43%

Revenue Sources 2007/2008



Some KSCS staff pose with Assistant Deputy Minister of Health Ian Potter and other visitors from Health Canada (July 2007). Photo was taken after the group toured the community and had a steak and cornbread supper at the Turtle Bay Elders Lodge.



Assisted Living Services

Pat Lahache and Peter Montour,
Coordinators



Assisted Living Services is co-managed by Patricia Lahache, Independent Living Center Coordinator and Peter Montour, Family Support and Resource Coordinator.

Assisted Living Services, which consists of the Independent Living Center (ILC), the Family Support and Resource Services (FSRS), Young Adults Program (YAP) and the Teen Social Club, continues to better enhance the quality of life for community members who live with physical and/or developmental disabilities and delays, along with community members living with mental health issues. At the ILC, we ensure that the residents live in a family setting and offer an active partnership with our staff, the residents, and their family to provide outstanding care for each individual through our Personal Support Plan. This enables clients to become independent and contributing members of Kahnawake. The Teen Social Club incorporated a healthy snack program and more physical activities like swimming and sliding for their outings.

A major success this past year was bringing together the residents of the ILC with the participants of the Young Adults Program. The staff of both programs worked together to coordinate activities and opened social circles for the two groups. Another positive step was the physical move of the

Family Support and Resource Team from the Elders Lodge to the ILC.

The challenges we faced were working within a limited budget, and a large turnover of staff in an area where it was difficult to find quality workers who can work with Kahnawakehronon living with special needs. This also led to the challenge of maintaining and enhancing programs already in existence and to open doors for the creation of additional programs.

Fortunately, KSCS negotiated a secure five-year funding arrangement to maintain services which will lead to better resources such as training for support workers in order to meet the specific needs of the clients.

Some highlights of the year was the hiring of Sheila Whitebean (ILC Residential Worker), Cynthia McGregor (Young Adults Program) and Amanda Shewtahal (FSRS Case Worker). As well, the Nova

Career Center students completed their stages with us as Homecare Workers or Nurses Aides. We also hosted guests like Cynthia White Jacobs (Aboriginal Diabetes Initiative) and Elaine Delaronde (KSDPP's Haudenosaunec Foods Cooking Workshop) who shared some healthy recipes with ILC residents.



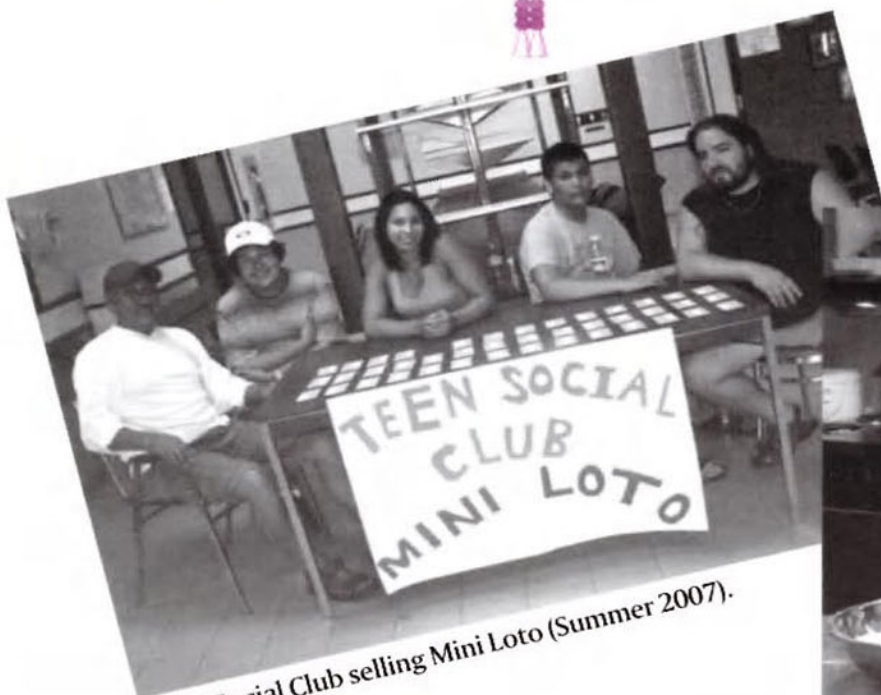
Inclusion Worker Juan Niera took members of the Teen Social Club on a field trip to his farm. Also Pictured: Inclusion Worker Daniel Higgs and summer student Erin Montour.

Independent Living Center Residents

Total: 17 M: 10 F: 7

Young Adults Program

Total: 18 M: 10 F: 8



Teen Social Club selling Mini Loto (Summer 2007).



ILC residents learn how to make a healthy meal with a lesson from KSDPP's Elaine Delaronde. (March 2008)



Young Adults Program Christmas Craft sale (Dec. 2007)



Young Adult Program and Independent Living Center participants team up to sing Christmas songs Karaoke-style. (Dec. 2007)

Teen Social Club

Total: 4 M: 3 F: 1

Family Support & Resource Services

Total: 59 M: 38 F: 21

Individual Inclusion Support Services

Total: 32 M: 22 F: 10



Home & Community Care Services / Turtle Bay Elders Lodge

Michael T. Horne, Manager



Home and Community Care Services and Turtle Bay Elders Lodge is comprised of 49 staff providing the community with integrated services based on needs identified through a comprehensive assessment. The Canadian Council on Health Services Accreditation presently accredits Home and Community Care Services. This means that H&CCS meets the national standards of quality for health services by the council.

In tightening our partnership with Kateri Memorial Hospital Centre, we are able to offer a continuum of

care that is culturally relevant to meeting present and future physical, mental, emotional, and social needs of Kahnawake's senior population and those with disabilities.

Home and Community Care Services

(H&CCS) offers specialized services by certified staff within the areas of Home Care Nursing, and Home Care (assistance with medication, personal, and respite). With an increase in the number of clients requiring specialized care and limited human resources, the coordination of services has been very discreet to reassure that all community needs can be met. On June 19, 2007 H&CCS held a press conference to explain changes to Home Care Services that would allow us to meet the current and growing demand for specialized services.

On November 19th the team of H&CCS hosted a Health Information Fair at the Turtle Bay Elders Lodge. One hundred and ten community members attended the event featuring services from local pharmacies, Rehab Services, Mental Health, KMHC Diabetes Education, Adult Day

Center and Infectious Control, Douglas Psycho Geriatric Clinic, Alzheimers Society and the Hearing Aid Society. Future health fairs are being planned.

Case Management comprises of a team of elder's Caseworkers and Home Care Nurses. It is the belief of H&CCS that all services should be provided in a holistic manner that looks at the individual's physical, social, spiritual, and emotional needs and includes the coordination of all service delivery, referrals, assessments, reassessments and development of integrated service plans. This integrated approach to service helps include extended family members in sharing in the responsibilities for the care of their loved one, and allows elders and the physically challenged to live at home for as long as possible.

The Activity Department hosted many events and activities enjoyed by the Elders Lodge residents and other community elders. Some of the annual events were the Christmas Party, Winter Carnival Luncheon with the Kahnawake Youth Center, Language Day Picnic, Bar-B-Q Steak Out and Christmas Craft Fair. The elders were treated to many interactive events such as tea parties,

TOTAL HOMECARE CLIENTS: 385	
M: 133	F: 252
Referrals and Intakes:	138
Home Care Visits:	7,614 (40,034.50 hrs)
Domestic Home Making / Home Management	7,348 hrs.
Meals on Wheels:	5,251.50 hrs.
Adult Day Program / Enkwennonksa:	7,348 hrs.
Nursing Services:	5,441.50 hrs.
Personal Care: Bathing, toileting, oral and skin care, hair care and dressing:	6,025.50 hrs.
Case Management:	3,341.50 hrs.
In-home Respite:	1,545.50 hrs.



Community elders make autumn flower arrangements at the TBEL Activity Dept. (Oct. 2007)

storytelling, bead working, overnight trips to Ontario and building a float for the Quebec Bridge Commemorative Ceremony, while promoting language awareness and healthy lifestyles. These activities helped to promote intergenerational connection and assisted the elders to enjoy life and socialize with their peers.

Our Adult and Elders Services Counsellor continues to be an integral part of the H&CCS team assisting community members with Wills, Living Wills, Power of Attorney, Mandates on Inability, Quebec Pension Plan, Commissioner of Oaths Services, U.S. Social Security, Company and Private Pensions, Child Care Authorizations and Residency Affidavits.

The Turtle Bay Elders Lodge

(TBEL) offers elderly Kahnawa'kehró:non residency, meal services and social activities directed to its residents and other community

elders. The TBEL operates at full capacity with 25 residents with an extensive waiting list for residency. With the increasing demand for residency, KSCS is exploring the possibility of adding additional units to meet this need. Management is always looking for ways to improve the living environment that reflects a home atmosphere.

In consultation with Kateri Memorial Dietician Services, the TBEL kitchen ensures that all meals provided meet the dietary needs of its residents and other community elders. In addition to preparing meals for the TBEL residents, the kitchen also prepares the Meals on Wheels and Enkwen'nonksa tanon Tetcwatska'non (Wheels to Meals) programs. Meals on Wheels consists of the delivery of Tuesday and Thursday noon meals and an evening meal available on a needs basis for

community members. A volunteer and Home Care staff deliver the meals to the community. The need for assistance with meals services increased this year.



Freddie and Annie Deer, Winter Carnival King and Queen (Feb. 2008)

The Maintenance and Security team offer 24-hour security for the residents of TBEL, and provided routine safety checks. They have been very busy landscaping and maintaining the operations of the lodge, making repairs where needed.

The H&CCS/TBEL team is looking at incorporating traditional medicines and practices as part of its future service delivery.

With an aging population, requiring more specialized services it has become important for the team to strategically plan, in order to meet future needs.

Adult and Elders Services (requests)

Old Age Security:	83
Social Security:	11
Quebec Pension Plan:	3
Estate Planning (Wills):	22
Legal (Power of Attorney, Mandates, Living Wills, etc):	14
Pension Plans (private):	1
Commissioner of Oaths:	12
Internal Revenue Services (US):	65
Miscellaneous:	53



Human Resources

Rheena Diabo, Director



The Human Resources component at KSCS consists of three hardworking teams: Human Resources, Communications, and Organizational Development Services. These creative teams work independently and collaboratively depending on project needs. Each member has a diverse set of talents, skills and knowledge that brings strength to the team. They are diligent in their research and planning to carry out projects of importance to KSCS and Kahnawake.

The Human Resources Team focused much of its energies this past year in Recruitment and Hiring activities, revamping the job description manual, taking over the benefits management for employees, coordinating training and participating in the Kahnawake Human Resources Network. Human Resources was also successful in submitting a proposal to secure funding to conduct a feasibility study for a training institute. The study began in the fall of 2007 and will end the summer of 2009. We were also successful in recruiting a new and dynamic Human Resource Aide – Sheena Montour to join the HR Team. An overview of our activities are:

Human Resources

Job descriptions revised	92
Job postings	25
Selective recruitments	30
Personnel file audits	17
Staff Development/Training	
Staff attendance	133
Trainings sessions outsourced	50
Training sessions (In-house)	12
Average cost per staff this year	\$347
Training costs (outsourced)	\$46,177
Archives	
New files created	713
Personnel files processed	130



A community organization workshop sponsored by ODS

The Organizational Development Services team was very busy this past year. We provided consulting services in areas such as training and research to both local and regional First Nation organizations. The chart below outlines the ODS Projects.

Training Projects

Governance training in northern Quebec
Professionalism in the Workplace
Effective Communications
Non-Violent Crisis Intervention
Evaluation & Report Writing
Suicide Prevention
Critical Thinking and Decision Making

Community Based Research & Development Projects

Urban Aboriginal Needs assessment
Job Analysis and Job Description Development
Human Resource Needs Assessment Operational Review
Feasibility of a Health and Social Service Training Institute
Aboriginal Health Transition Fund (AHTF) Proposal Development

Other Projects

Internal job sharing initiative
Design and development of suicide awareness / prevention poster.

The Communication Services Team has had another interesting year. Fully staffing up the Promotion/Education unit of the team was an interesting undertaking. We are grateful to Organizational Development Services for sharing one of their staff during a temporary transfer of one of our team members to Support Services.

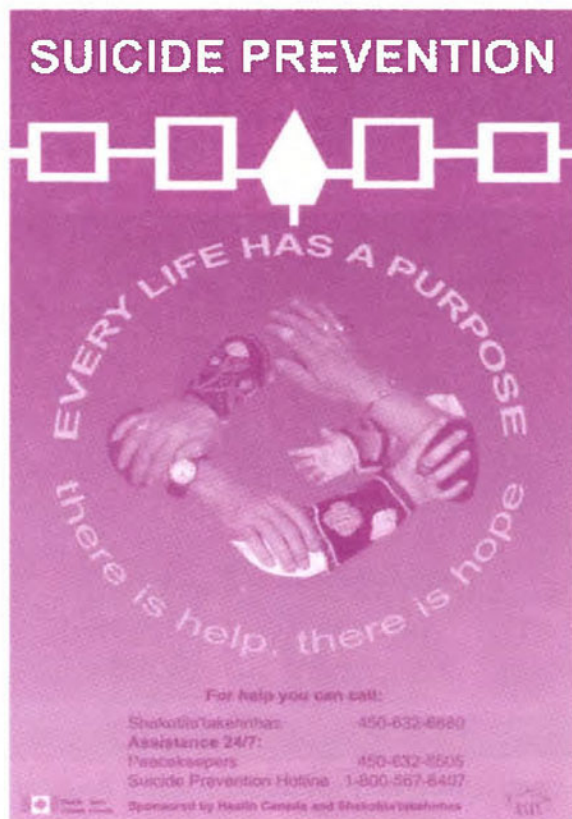


The Drinking and Driving experiment using the Fatal Vision Goggles (June 2007)

The teams' activities strive to promote an environment that advocates individuals and community to take responsibility for their wellbeing. We do this by sharing knowledge and skills that can help Kahnawa'kehró:n become better educated in their lifestyle choices.

This year we co-developed a comprehensive Suicide Prevention Resource Site (www.kahnawakesuicideprevention.com) and plan on adding other KSCS services in the coming year.

Chris Leclaire explains the Designated Driver Campaign to community members (Dec. 2007)



Communications

Shakotii'a'takehnhas

Presents:	26 broadcasts
KSCS Insider	24 productions
TV Commercials	20 productions
K-103:	8 commercials
	756 (30-second spots)
	7 PSA's
	8 Talk shows
Eastern Door	71 ads
	6 inserts
	4 Articles
Aionkwatakari:teke	6 issues (79 articles)
News Releases	2
Press Conference	1
The Weekly BULletin	52 issues
Internet Job Postings	9 postings

Promotion Education

Community health awareness campaigns.	13
Mini-health information booths (Clients are recorded under Prevention Services)	14
Server Training Workshop	1
Educational Workshops	7
Individual Referrals	2
Clients assisted by Promotion/Education	336



Non-Insured Health Services & Health Policy

Keith Leclaire, Director



Our major role as the Policy Unit is to provide updated information to KSCS and all the Kahnawake health and social service decision makers about the federal and provincial governments' present and proposed legislation, policies, regulations, acts and agreements, the continuous changes to the health care system and their actual and potential impacts on Kahnawake's social and health services.

Over the last year, we provided technical support to Onkwata'karitahshera's chairperson and executive committee and, as such, administered the contribution agreements of Headstart and the Diabetes health projects. Onkwata'karitahshera is the body responsible for planning and managing global health and social service issues in

Kahnawake through a collaborative and holistic approach involving Kateri Memorial Hospital Center, Kahnawake Fire Brigade, Kahnawake Shakotiia'takehnhas Community Services and Mohawk Council of Kahnawake.

We are also responsible for assisting Kahnawakehro:non with Health Canada's Non-Insured Health Services and during 2007/08 we assisted/provided information on 250 inquiries

relating to Prescription Drugs, Dental Care, Vision Care, Medical Equipment & Supplies.

Other responsibilities included the administration of the funding component on Fetal Alcohol Spectrum Disorder, Crisis Intervention Mental Health Counselling and HIV/AIDS. We coordinated the KSCS Brighter Futures Initiative which is geared towards making a brighter future for children and also administered and supervised

the KSCS Drama Project and the First Nations Health and Social Services Resource Center, which provides audiovisual and written prevention resources to our community and all First Nations in the Quebec region. During 2007/08 there were 12,134 documents and 356 DVDs accessed by First Nations in Quebec from the Resource Center.



The cast from *Once Upon a Mattress* (Nov. 2007), a KSCS Brighter Futures Project.

Brighter Futures:

Total: 1910 M: 940 F: 970



Prevention Services

Mary McComber, Manager



The year 2007-2008 proved to be a busy and challenging one. Our vision at Kahnawawake Shakotiia'takehnhas Community Services includes working hand in hand with the community in order to give back responsibility for a healthy community. This makes partnership development and maintenance one of the priorities in order to resolve our health and social issues as a community.

Projects like the Community Prevention Task Force focused on addressing issues of drugs and violence in our community. We reviewed our past efforts on Crystal Meth prevention planning. We also had a few meetings with our counterparts in Akwesasne as they are experiencing similar frustrations around drug issues.

Addictions is still the number one health and social issues in Kahnawake it must take a community to do what it can to address the issue. This means sharing resources, providing social and recreational activities to youth, employment opportunities, appropriate housing, access to health services, educational opportunities, and advocating for effective, enforceable laws and policies that support health and safety.

"Nourishing Our Roots" was this year's theme for the Spirit of Wellness month in November. This month has traditionally been a blitz on Addictions Awareness and in the past few years we have expanded that to include a more holistic perspective on Healthy Lifestyles. This year we did a survey to gauge the thoughts of

Kahnawakehronon with regards to addictions in our community.

The survey was handed out at community events, organizations and groups with a result of an overall 370 participants. Of 370 participants 353 felt that, "addictions are a major issue in our community" and 237

respondents felt that the issues around addictions have increased.

The following are substances that were cited as being an issue in Kahnawake:

- | | |
|------------------------------|-----------------------|
| 1) Alcohol (347 respondents) | 2) Cocaine (317) |
| 3) Marijuana (296) | 4) Cigarettes (286) |
| 5) Prescription Drugs (144) | 6) Crystal Meth (128) |
| 7) Ecstasy (116) | |

Some respondents couldn't make a distinction on crack/cocaine as there were an additional 11 responses that noted this. Gambling was also noted as an issue in the community.



Parent / Toddler Interactive Group (May 2007)

Prevention Services (continued)

Prevention Services

* Suicide Prevention Booths:

Total: 405 M: N/A F: N/A

ASIST - Suicide Prevention Training:

Total: 51 M: N/A F: N/A

Healthy Sexuality (Individual):

Total: 3 M: 0 F: 3

Healthy Sexuality Workshops:

Total: 97 M: N/A F: N/A

* Healthy Sexuality Booths:

Total: 221 M: N/A F: N/A

Anger Management Group

Total: 5 M: 5 F: 0

Anger Management Support (Individual)

Total: 37 M: 31 F: 6

Sexual Abuse Prevention Training

Total: 21 M: 6 F: 15

Too Cool For Drugs Curriculum Training:

Total: 13 M: 9 F: 4

Aboriginal Diabetes Initiative:

Total: 44 M: N/A F: N/A

Fetal Alcohol Spectrum Disorder (FASD) Training:

Total: 112 M: N/A F: N/A

* FASD Booths:

Total: 402 M: N/A F: N/A

Moon Ceremony:

Total: 8 M: 0 F: 8

Community Prevention Task Force:

Total: 23 M: N/A F: N/A

*Booth numbers reflect total visits/hits per booth and not necessarily total number of participants for the year.



Healthy Sexuality Booth (February 2008)



Informational booths (Tobacco Reduction, Suicide Prevention, Healthy Sexuality and Drinking and Driving (June 2007)



Bake Sale for Spirit of Wellness Campaign (Nov. 2007)



Participants in the Parent Toddler Interactive Workshop (Sept. 07)

Parenting Services

Kids in the Middle Program:

Total: 3 M: 2 F: 1

Parenting & Stress Workshop:

Total: 8 M: 0 F: 8

Nobody's Perfect Program:

Total: 16 M: 5 F: 11

Individual Parenting Support:

Total: 27 M: 8 F: 19

Prenatal Program:

Total: 4 M: 0 F: 4

Parent/Child Interactive Groups:

Total: 36 M: 13 F: 23

Stress Workshop (MCK special request during Spirit of Wellness Campaign):

Total: 16 M: 5 F: 11

Parent Support Group:

Total: 7 M: 0 F: 7

Parent / Teen Workshop:

Total: 5 M: 0 F: 5

Parenting Booth at Kateri School:

Total: 40 M: N/A F: N/A

Parenting Booth at Karonhianonhnha School:

Total: 90 M: N/A F: N/A

Prevention Services Specifically for Youth:

Aboriginal Youth Suicide Prevention Initiative:

Total: 8 M: 5 F: 3

Survival School Debriefing After Bomb Scare (Feb. 08):

Total: 150 M: N/A F: N/A

Anger Management / Survival School :

Total: 35 M: 15 F: 20

Anger Management / Kateri School :

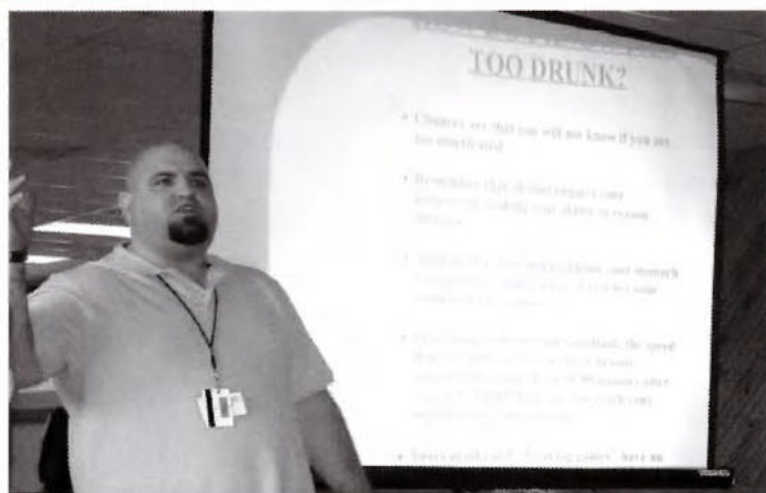
Total: 6 M: 6 F: N/A

M.A.D Group "latehoririhwaien:tase Otiohkwa" (Youth and Parents):

Total: 70 (Youth: 60, Parents: 10) M: 39 F: 31

Our Gang Afterschool Program (Children and Parents):

Total: 148 (Children: 85, Parents: 63) M: 46 F: 102



Support Worker Robert Marcheterre making a presentation on Safe Grad at the Survival School (May 2007)



Our Gang members learning Social Dancing with Calvin Jacobs



Support Services

Derek Montour, Manager



The 2007-2008 year has once again proven to be an exciting and challenging year for the Support Services. As many members of our community are aware, the challenge of addressing one's own obstacles to living a healthy lifestyle can be varied, complex and difficult to identify. Although it is the Prevention Services role to provide education and awareness activities to help identify obstacles, it often falls to the Support Services to intervene in situations when it reaches a point that help, outside the family, is necessary. We accomplish this by providing a multi-disciplinary, holistic, client oriented approach to our service delivery.

A major change occurred this year in the Quebec Youth Protection Act, which allows for our services to intervene in situations which pose a high risk of abuse, as opposed to having to wait until an abuse has occurred. This is directly on track with our approach to preventing abusive situations before they occur. In addition, there is now a better definition of what constitutes psychological abuse, which includes domestic violence situations. These developments are a good progression for our service delivery and are in keeping with the direction the community has expressed by wanting our own law for youth protection services.

Shortfalls in staffing are finally being resolved and we look forward to working at full capacity at the beginning of the new fiscal year. With our new staff members joining the team, we hope the community affords them, and

all our intervention workers, the credit for doing the difficult work they do every day.

Funding challenges are always an issue and it is often a fine balance concerning what services may be offered and what services must be curtailed. These funding levels affect all aspects of Support Services, in particular the psychological services. We continue to work with psychological service providers to clarify that our services must remain a crisis oriented, short term type of service so that all community members in need may benefit. Continued shared contribution by the community member is required if we are to be able to extend the amount of services to everyone in need.

Networking and collaboration continues to be an important component of effective service delivery and it is encouraging to see this with our relationships with all community organizations as well as outside agencies. We look forward to strengthening these bonds in the coming years in order to provide our community with the best service we can, given the challenging situations.



Derek Montour speaks to Health Canada representatives

Some Prevention and Support Workers:



L-R: Supervisor Cheryl Zacharie, Rebecca D'Amico (Our Gang), Christine Grand Louis (Intake Worker), Wanda McKenna (On-call), Pauline Solari (Clinical Supervisor) and Robert Marcheterre (Support Worker)

Kahnawake Foster Care Tsi Ionteksa'tanonhnha

"If you are thinking about taking a child in your home but are not sure, why not begin by taking short-term emergency placements."

"Let's keep our children in Kahnawake."



Family Center's Parent / Toddlers Group (Sept. 2007)

Ineligible:

Total: 8 M: 5 F: 3

Brief Service:

Total: 23 M: 12 F: 11

S-5: (All services minus Youth Protection & ineligible or Brief Services)

Total: 449 M: 162 F: 287

Addictions Response Services:

Total: 230 M: 132 F: 98

Healing & Wellness Lodge:

Total: 116 M: 28 F: 88

Psychological Services:

Total: 252 M: 88 F: 164

Youth Criminal Justice:

Total: 32 M: 22 F: 10

Youth Protection:

Total: 392 M: 179 F: 213

Tsi Ionteksa'tanonhnha (Foster Care):

Numbers are reported on the monthly average

Children in foster care 33

Children placed in group homes 11

Tehontatro:ris (Prevention & Support Information Sessions):

Total: 224 M: 51 F: 173



Environmental Health Services

David Montour,
Environmental Health Officer



From our offices located next to the Independent Living Center building, EHS has continued to serve the community of Kahnawake with a concentration in the areas of Communicable Disease Control, Air Quality, Sanitation and Hazard Investigation.

Environmental Health Services continues to have a long standing working relationship with various MCK departments including the Social Development Unit (SDU), Kahnawake Safety Committee, Water and Sanitation, Emergency Preparedness (Pandemic Planning), Technical Services Unit and Public Works. We continue to network with the Kateri Memorial Hospital Centre's Community Health Unit, Mohawk Council of Kahnawake's Environment Office, Health Canada and Canada Mortgage and Housing Commission (CMHC) to ensure that the community is safe from environmental hazards.

The Environmental Health Technicians are constantly out in the community as part of their regular activities:

- Water Quality Monitoring (potable and recreational)

- Food and Sanitation Inspections
- Public Building Inspections
- Residential Investigations
- Sewage Disposal
- Environmental Contaminants
- Occupational Health and Safety

Some of the challenges faced this year include advising and making recommendations for the tobacco industry, for both employees and those residents neighboring the industries, zoning and residential issues, occupational health and safety and helping make sure that sewage and septic systems are as safe as possible.

As for successes, EHS feels that the community is becoming more aware about the environment and environmental issues and are open to appropriate solutions that reflect their responsibility as community members. Some examples of this are mold prevention, the use of pesticides and waste/garbage disposal. Community members better understand these issues, and more effective solutions can and are being accomplished.

In addition to these regular activities, EHS is also in the process of developing some long-term goals

including a five -year plan. We are always open to input from the community regarding environmental health issues.

Water Sampling conducted in 07/08

42 Complete chemical analysis on private wells.
Quarterly complete chemical analysis on centralized system
335 Bacteriological water samples on the centralized system
18 Trihalomethane analysis on centralized system
18 Quality Control samples on centralized system
6 Well disinfections

Residential Indoor Air Quality Investigations

10 On-site investigations.
24 Inquiries not requiring site investigations.
21 general site inspections
34 public building inspection
4 residential inspections

Food Safety

2 food safety presentations
42 food safety inspections

Recreational Water Issues

360 samples - Kahnawake recreational water
192 samples Tioweroton recreational water

Waste Water Issues

Pandemic Planning



Mission Statement

Our goal, with the assistance of a team of caring people, is to encourage a healthier lifestyle through promotion, prevention and wellness activities that strengthen pride, respect and responsibilities of self, family and the community as Mohawks of Kahnawake.

K.S.C.S. Organizational Values

[The core principles and beliefs that will guide all our work relationships.]

- We believe respect is the foundation to strong and healthy relationships.
- We believe responsibility is the foundation to living a healthy lifestyle.
- We believe in working to build trust by honoring one another.
- We believe in the importance of listening, being of a good mind to be open of other ideas, concerns and views.
- We believe that patience, humility and commitment are important qualities for the work we do.
- We value both honesty in addressing concerns and perseverance in times of conflict.
- We accept the importance of evaluating and measuring our work to ensure we continue to improve services.
- We value the importance of being flexible in our expectations.

Credit

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