## Who Benefits from Home and Community Care Services?

Persons of any age who have an assessed need who:

Have been discharged from a hospital.

Have an illness or disease needing follow-up care

Are unable to live alone while waiting for care in a long term care facility

Have a disability requiring assistance to live on their own

Need nursing care in the home

Choose to live at home instead of in a long term facility providing they are in a safe environment and adequate resources are available

## Others who may benefit from Home and Community Care Services

Family and friends who need support to continue to care for people at home.

#### How are people referred?

You may refer yourself or you may be referred by others such as family members, friends, your doctor, neighbours or hospitals.

#### Who provides these services?

Home and Community Care Services are provided mainly by registered nurses and certified home health aides who are supported by the registered nurses.







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Kateri Memorial Hospital Centre

# Home and Community Care Services



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#### HOME AND COMMUNITY CARE SERVICES

#### What is Home and Community Care?

Home and Community Care Services are services to people that are provided mainly in the home.

Home and Community Care Services are provided to people based on needs identified through a client assessment.

The belief of care is to help people keep their independence in their own home and allow them to be close tho their loved ones as long as possible.

Services should be provided in a holistic manner that looks at the person's physicial, social, spiritual and emotional need because each person is different and unique.

Home and Community Care will support and improve the care provided by the family and community but should not replace it.

The services that make up Home and Community Care Services are:

#### **Client Assessment**

This is carried out by talking with you, your family, your doctor and other people who have cared for you. Also by reviewing your health history and through a physical check up.

The information gathered from these talks is written down on the Multiclientele Autonomy Assessment and used to make your Individualized Service Plan for the services you need.

### What Services are part of Home and Community Care?

#### **Homecare Nursing**

- Nursing care that is provided in your home or community setting.
- Teaching you and your family to help you care for yourself.
- Supervising the workers who provide you with personal care.

#### Homecare

Working in conjunction with families to provide the following services:

#### Medication Assistance

Assist clients with medication compliance in accordance with Law 90.

#### Personal Care

For persons with loss of autonomy who require cueing or help with daily bathing and/or dressing.

#### Meal Preparation

Work in conjunction with Meals on Wheels to ensure clients have at least one good meal per day.

#### In Home Respite

Scheduled care provided for those who are not safe to be left alone, while your family, who usually provide care, attend work or need an occasional break

#### **Domestic Services**

Help with basic household chores, usually provided on a weekly basis, based on assessments. Other services provided by Homecare have priority over this service.

#### **Adult & Elders Services Counsellor**

- Pensions, government plans
- Federal Old Age Security
- Quebec Pension
- Social Security Administration
- RAMQ Quebec Medicare Cards
- Civil Status Applications
- Estate Planning
  - Wills
  - Living Wills
  - Mandates
  - Power of Attorney
  - Mandates of Incapacity
  - Certified True Copies of Originals

#### En Kwennonska

The En Kwennonska Program is run by the Activity Department and is geared towards the elders of our community to socialize and enjoy various activities such as:

- Exercise Sessions
- Craft Sessions
- Bingo Night
- Bead Work
- Card Night